



# Junaluska Weekly

July 22-29, 2022 | Issue 7



## Gardens Bring Color and Peace at Lake Junaluska

The grounds of Lake Junaluska are beautiful any time of year, but summer is when visitors can enjoy thousands of flowers in bloom and active wildlife everywhere they go. From fragrant blooms to colorful butterflies, strolling through the tranquil gardens is a great way to connect with nature.

Melissa Tinsley, Lake Junaluska's landscaping manager, said early mornings make a peaceful time of day to explore the gardens. "Being out on the lake early, you get a chance to see things wake up from a different angle. You get to see the dew rolling off flower buds and leaves, watch bees wake up to start the day, and enjoy listening to the birds singing all around you," she said.

Visitors seeking peaceful settings can find spaces for meditation along the walking trail, such as the Butterfly Garden, where there's a bench at the bottom of the stairway surrounded by beautiful flowers. The garden offers spectacular views of the lake, and the butterflies add a magical mixture of color and light. Another serene escape for nature lovers is the Corneille Bryan Native Garden, where there are more

than 500 species of native plants. The garden is also a haven for birdlife. Visitors can find many other hidden gems around the lake; Tinsley recommends exploring Stuart Spring, the Colonnade gardens and the garden behind Lambuth Inn.

The landscaping crew and community volunteers work together to keep the gardens maintained. The landscaping crew begins their day at 6 a.m. on the grounds to water and tend to the gardens. "We're very thankful for the volunteers who play a vital role in maintaining and improving the gardens," said Tinsley. "They work with landscape technicians to keep things looking amazing."

The landscaping crew added a variety of new plants this year, such as perennials, daylilies, Shasta daisies, hosta, heuchera, ice plant, ferns, rose of Sharon, gayfeather, iris and many more!

"I love many things about my job," said Tinsley. "I love working with the community and my team to create beautiful gardens where people can feel a closer connection to God."



Melissa Tinsley works in the greenhouse.



The Butterfly Garden lies along the Francis Asbury portion of the Lake Junaluska Walking Trail.



# Lake Junaluska

Information & Hours for July 22-July 29, 2022

## Lake Junaluska Outfitters



The pool offers complimentary access to Lake Junaluska lodging guests. Daily Activity Passes are \$10 per person per day and \$30 per immediate family per day (\$5 additional per person after 4 people), and include pool access, mini golf and shuffleboard/cornhole.

### Hours for July 22-July 29

10 a.m.-8 p.m. Daily, weather permitting

**The pool will close at 6 p.m. on Sun. for a private event**  
[lakejunaluska.com/pool](http://lakejunaluska.com/pool)



Reservations for paddleboard, kayak and canoe rentals can be made online or in person at the Outfitters window. Rentals are \$10 per person for one hour (Off-Peak Hours); \$15 per person for one hour (1-5 p.m.)

### Hours for July 22-July 29

10 a.m.-8 p.m. Daily

[lakejunaluska.com/kayak](http://lakejunaluska.com/kayak)

## Lake Cruises



Our guided lake cruises are \$10 per person, \$5 ages 4-12 and under 3 free. Tickets can be purchased at [ljrec.org](http://ljrec.org), the Outfitters window or by cash only at the dock.

### Hours for July 22-July 29

Thurs., Fri., Sat. & Sun. - 1, 3, 5 & 7 p.m.

(weather permitting)

[lakejunaluska.com/lake-cruises](http://lakejunaluska.com/lake-cruises)

## Lake Junaluska Golf Course



The golf course is 18 holes with a challenging par 68 making it perfect for tournaments or just a round with friends and family.

### Hours for July 22-July 29

7 a.m.-7 p.m. Mon.-Sat. & 10 a.m.-7 p.m. Sun.

[lakejunaluska.com/golf](http://lakejunaluska.com/golf)

## Junaluska Gifts & Grounds



Shop for unique gifts and enjoy specialty lattes, coffee, smoothies, ice cream and more.

### Hours for July 22-July 29

8 a.m.-6 p.m. Mon.-Wed., 8 a.m.-8 p.m. Thurs.-Sat. & 10 a.m.-5 p.m. Sun.

[lakejunaluska.com/gifts-grounds](http://lakejunaluska.com/gifts-grounds)

## Crepe & Custard



Enjoy sweet and savory crepes and rich, creamy custard with a beautiful view overlooking the lake.

### Hours for July 22-July 29

8 a.m.-7 p.m. Daily

[crepeandcustard.com](http://crepeandcustard.com)

## Upcoming Events

### July 22

*Prayer Service*  
with the Rev. Paul Christy  
8 a.m. | Memorial Chapel

### July 24

*Summer Worship Series*  
with the Rev. Dr. Mark Teasdale  
9 a.m. | Lakeside Tent

### July 25

*Morning Devotion*  
8:30 a.m. | Harrell Center Lakeside Lower Patio

### July 25

*Not Far from the Kingdom Seminar*  
with the Rev. Dr. Mark Teasdale  
10 a.m. | The Terrace Hotel - Meeting Room 316

### July 26

*Mixed Level Flow Yoga*  
6:30 p.m. | Inspiration Point | \$10

### July 27

*QiGong*  
5:30 p.m. | Lawn near Memorial Chapel | \$15

### July 28

*Thoughts, Prayers, and Verifiable Metrics Seminar*  
with the Rev. Dr. Mark Teasdale  
10 a.m. | The Terrace Hotel - Meeting Room 316

### July 28

*Gentle Yoga*  
10:30 a.m. | Inspiration Point | \$10

### July 28

*Bonfire*  
8 p.m. | Amphitheater near the Cross

### July 29-31

*Associates Celebration Weekend*

### July 29

*Associates Golf Play Day*  
10 a.m. | Golf Course

[lakejunaluska.com/events](http://lakejunaluska.com/events)

*The mission of Lake Junaluska is to be a place of Christian hospitality where lives are transformed through renewal of soul, mind and body.*